

Cookie Policy

Cookies are small encrypted text files that are stored on your device by a website. We use cookies to enhance your shopping experience and to analyse our traffic. We don't store personal information in the cookies we create, but personal information that we store about you may be linked to the information stored in and obtained from cookies.

By continuing to browse our site, you consent to our placing cookies on your computer (unless you have chosen to disable them via your browser). Certain features of Our Site depend on Cookies to function. Cookie Law deems these Cookies to be "strictly necessary". Your consent will not be sought to place these Cookies. You may still block these Cookies by changing your internet browser's settings but please be aware that Our Site may not work properly if you do so.

The following **first party Cookies** may be placed on your computer or device:

Edit		
Name of Cookie	Purpose	Strictly Necessary
ARRAffinity	This cookie makes TheBodyandMindPlace.co.uk pages load more quickly. In technical terms it's used to distribute traffic to the website on several servers in order to optimise response times.	yes
csrftoken	This cookie helps protect Us against a CSRF attack. A CSRF vulnerability allows a malicious party to force you a logged-in user to perform an malicious actions without you consent or knowledge.	yes
_ga, _gat, _gid	These cookies enable the function of Google Analytics. This software helps us collect and analyse visitor information such as browser usage, new visitor numbers, response to marketing activity and shopping times. That information helps us to improve the website and your shopping experience, and to make our marketing campaigns relevant. The data stored by these cookies can be seen only by the relevant teams at The Mind and Body Place and Google and never shows any confidential information.	no
wfvt_#	This cookie remembers your submitted data when you comment on a blog post. The purpose is to auto-populate form fields for subsequent comments, in order to save you time.	no
wfCBLBypass	This cookie is used by wordfence, a piece of software that protects the website from a sustained cyber-attack by alerting	no

[Edit](#)

Name of Cookie	Purpose	Strictly Necessary
	the owner to unusual cyber behaviour. The cookie is used only when someone tried to visit the site where a country is blocked and uses a hidden URL to bypass this blocking.	

Third party Cookies may be placed on your computer or device by the following companies however these are not within our control:

- Social Sharing (Facebook, twitter and Google+) uses cookies to allow for customer engagement on social media platforms
- Youtube is used to provide video social media and content

You can block cookies by activating the setting on your browser that allows you to refuse the setting of all or some cookies. If you'd like to learn more about cookies in general and how to manage them please visit aboutcookies.org.